

ANESTHESIA WARNING!

I am a **Polio Survivor**

- **Easily Sedated**, and can be difficult to wake
- Can have difficulty **breathing** and **swallowing** with anesthesia
- **Hypersensitive to pain** and **cold**

May need heated blanket and increased pain medication post-op



www.polionetwork.org/anesthesia-card

I am a **Polio Survivor** with Post-Polio Sequelae

Name: _____

I have these Symptoms (checked):

Overwhelming Fatigue

Muscle Weakness

Muscle and Joint Pain

Sleep Disorders

Cold Intolerance

Difficulty Swallowing

Difficulty Breathing

Sensitivity to Anesthesia

(Scan Code for Anesthesia Information - Over)

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