

Biography of Richard L. Bruno, HD, PhD.

Dr. Bruno, a research and clinical psychophysicologist, trained at the New York State Psychiatric Institute, began studying PPS and treating polio survivors in 1982, when he was a fellow in the Department of Rehabilitation Medicine, Columbia University College of Physicians and Surgeons.

In 1984, Bruno organized and is the Chairperson of the International Post-Polio Task Force, which promotes PPS research, education and treatment in 25 countries.

In 1989, he left Columbia and created (and directed) the Post-Polio Rehabilitation and Research Service at Kessler Institute for Rehabilitation, which was the first center for the study and comprehensive treatment of PPS.

From 1998 until 2010, he directed The Post-Polio Institute at Englewood Hospital and Medical Center. He partnered with a Rehabilitative Physician, Occupational Therapist, Physical Therapist, Nutritionist and an Orthotist for this comprehensive treatment program.

His Doctorate is in psychophysiology, which included coursework in neurology, psychiatry, biomedical electronics, neuropsychology, psychopharmacology and neuroscience.

In 1998 Springfield College awarded him a Doctor of Humanities, *honoris causa*.

Dr. Bruno is now the Director of the International Centre for Polio Education, the new home of the International Post-Polio Task Force.

Since beginning his work in 1982, Dr. Bruno has studied and treated more than 6,000 polio survivors.

(Dr. Bruno became known as the author of *The Polio Paradox*, which is often referred to as “the polio survivor’s Bible”.)

Bruno Bytes – How it all Began

“Bruno Bytes” are published monthly, through a combined effort between Dr. Richard L. Bruno, HD, PhD. and the Pa. Polio Survivor’s Network. They are answers to questions posted in the “Post-Polio Coffee House” (on Facebook). This partnership began in November, 2014.

“Bruno Bytes” help to teach polio survivors, spouses, caregivers and health care professionals about the many and varied topics related to the physical and emotional issues associated with having had polio and managing PPS.

The “Bruno Bytes Index by Subject” is designed for easy reference to more than 700 entries.

“Bruno Bytes” are for education only and any personal treatment plan must be determined in association with a PPS knowledgeable health care professional.

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