

Bruno Bytes INDEX (By Subject) - November 2014 through September 2017

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Topic	Bruno Byte	Month		
Acceptance	Crying	11/3/2014		
	Fear	6/15/2015		
	Healing	9/14/2017		
	Mindfulness	11/5/2015		
	Persevering	1/3/2017		
	Positive Thinking and Pain	6/19/2017		
	Pushing Yourself too Far	12/4/2014	5/13/2015	12/9/2015
		7/20/2016		
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	Local Anesthetic	8/18/2015		
	Sedation	4/5/2016		
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	Brace Adjustments	6/27/2017		
	Brace(s), Podiatrist	4/6/2015	6/11/2016	
	Canes	5/10/2016		
	Cough Assist	2/21/2017		
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	Crutches, Forearm	2/18/2016	7/9/2016	4/11/2017
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	DME (Durable Medical Equipment) Medicare Regulations for 2018	9/28/2017		
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	Spinal Cord Stimulators	3/5/2015	7/15/2017	
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	Therapy Gloves	1/10/2017		
	Walking	7/15/2015	5/10/2016	
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	Wheelchair (and Equipment) "Scams"	3/28/2017		
	Wheelchairs, extra light & power folding	7/19/2015		
	Wheelchairs, Medicare Requirements	3/18/2017		
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	Constipation	3/28/2015	2/9/2016	5/7/2016
	Incontinance	2/6/2016	3/8/2016	1/12/2017
	Menopause, Depression during	3/30/2017		
	Parasympathetic Nervous System	10/8/2015		
	Urinary Frequency	7/29/2015	2/6/2016	
	Urinary Urgency	7/29/2015	2/6/2016	

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D68 Enterovirus	D68 Enterovirus, strain	1/9/2015	3/31/2015	
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	A-Fib (and sleep studies)	5/25/2017		
	ALS (Amyotrophic Lateral Sclerosis)	3/28/2016		
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	Cancer, Radiation and PPS Fatigue	9/20/2017		
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	Summer Grippe	5/13/2015		
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	Butter consumption and Chronic Disease	6/30/2016		
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	Depression during Menopause	3/30/2017		
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	Upper Respiratory Issues and CO2	1/7/2016		
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	Voice Issues	8/28/2015		
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	Asking our Physicians about Medications	12/26/2016		
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	Drug Plan	10/10/2016		
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	Extended Release (ER) Drugs, FDA Approval	8/10/2015		
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	Flexeril (Cyclobenzaprine)	5/10/2015		
	Gabapetin (Neurontin)	2/28/2016	4/1/2016	
	Ibuprophen	5/15/2017		
	Klonopin (Clonazepam)	5/10/2015		
	Linzess (Linaclotide)	5/7/2016		
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	Prozac (Fluoxetine)	7/28/2016		
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	Building Stamina	3/29/2015		
	Conserve to Preserve	12/4/2015		
	Disuse Atrophy, Muscle	12/11/2015	12/12/2015	2/24/2016
	Exercise, Blood Sugar issues	1/13/2015	1/17/2015	
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	How to exercise on our own	5/16/2017	8/23/2017	
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	Limitations of PPS, understanding them	7/20/2016		
	Neither Exercise nor Psychotherapy reduce Fatigue	8/25/2015	8/1/2017	
	Physical Activities and PPS Symptoms	8/1/2017		
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	Walking	7/15/2015	5/10/2016	
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	Fainting	4/25/2015		
	Fatigue	12/30/2014	2/24/2015	3/16/2015
		4/25/2015	5/1/2015	5/13/2015
		6/26/2015	8/13/2015	8/25/2015
		11/10/2015	8/1/2017	9/20/2017
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FDA	Approval, Extended release (ER) Drugs	8/10/2015		
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	Questioning Prescription Drug Prices	6/30/2017	8/9/2017	
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	Home Health PT	10/7/2015	4/13/2016	
	IRS Deductions	12/19/2014	3/5/2015	4/9/2015

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		5/6/2016	4/6/2017	
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	What your Pharmacist isn't telling you	8/12/2015		
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	Drop Foot	5/13/2015		
	Good Leg	5/1/2016		
	Knee Pain	1/5/2015	10/27/2015	7/24/2017
	Knee Pain Relief without Surgery	7/24/2017		
	Numbness, Leg	12/11/2015		
	"Polio Foot" turning color	12/7/2016	5/25/2017	
	Restless Legs	1/5/2015	8/21/2015	12/11/2015
		4/1/2016	9/1/2016	
	Twitching	1/5/2015	8/21/2015	12/11/2015
		4/1/2016		
	Walking	7/15/2015	5/10/2016	
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	Lung Cancer	4/18/2016	5/12/2016	
	Lung Function	9/20/2017		
	Pulmonary Embolism (PE, lung embolism)	2/4/2016		
	Upper Respiratory Issues and CO2	1/7/2016		
Medical	Anxiety/Depression masking a true Medical Problem	6/27/2017		
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		3/30/2015	11/3/2015	5/12/2016

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	Brain	11/1/2014	4/1/2015	11/3/2015
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		7/23/2016		
	Cancer	9/20/2017		
	Cerebral Palsy and Polio, the difference	5/23/2016		
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	Errors, Medical	5/3/2016		
	Hormones	11/1/2014	11/3/2015	
	Neuron Function	12/12/2015	12/29/2015	8/11/2016
		10/12/2016		
	Neurons, regenerating in Polio Survivor	8/11/2016		
	Parasympathetic Nervous System	10/8/2015		
	Questioning Prescription Drug Prices	6/30/2017	8/9/2017	
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	Inactivated Sabin Vaccine	2/6/2015		
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		12/12/2015	2/24/2016	4/20/2016
	Disuse Atrophy, Muscle	12/11/2015	12/12/2015	2/24/2016
	EMG (Electromyography)	7/20/2015	8/25/2015	2/1/2016
		2/24/2016		
	Motor Neurons and Brain Stem Deterioration	12/29/2015		
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		11/3/2015	12/4/2015	9/18/2017
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		2/24/2016	4/20/2016	
	Tone Loss, Muscle	11/29/2015	12/11/2015	12/12/2015
		9/2/2016		
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	Fainting	4/25/2015		
	Pulmonary Embolism (PE, lung embolism)	2/4/2016		
	Walking	7/15/2015	5/10/2016	
	Upper Respiratory Issues and CO2	1/7/2016		
	Oxygen use vs. BiPap	4/11/2015	7/28/2015	9/6/2015
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	Oxygen, too much	4/11/2015		
	CPAP	4/11/2015	5/28/2015	7/28/2015
		9/6/2015		
Pain	Back	11/7/2014	2/6/2016	3/8/2016
		6/27/2017		
	High Threshold	10/24/2015		
	Joint pain	6/24/2016		
	Knee	1/5/2015	10/27/2015	7/24/2017
	Knee Pain Relief without Surgery	7/24/2017		
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	Lower Back	5/13/2015	8/18/2015	10/24/2015
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		11/3/2015	12/4/2015	
	Neck	8/18/2015	7/14/2016	
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	Paralysis	5/13/2015	8/24/2015	
	Paralysis, Throat	2/16/2015		
Polio	Brain Tumor, Cure	4/1/2015	12/12/2015	12/29/2015
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	"Polio Like" Virus	10/6/2016		
	Polio Survivors and Pain	3/26/2017		
	Polio Survivors having PTSD	11/13/2016		
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	Summer Disease, Polio	5/13/2015	6/18/2015	
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	Transverse Myelitis; "Polio Like" illness	4/25/2016		
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	Type 2	5/13/2015	1/1/2017	
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	Bladder Muscle Weakness	6/24/2016	1/12/2017	
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	CFS/ME and was it <i>Really</i> Polio	12/29/2016		
	Constipation and PPS	3/28/2015	2/9/2016	5/7/2016
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	Diagnosis and PPS	9/11/2017		
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	Mild case of Polio and PPS	4/17/2016		
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	Voice Issues and PPS	8/28/2015		
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	ACTH stimulation test	11/1/2014	11/3/2015	
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		4/5/2016	12/15/2016	
	Barium Test	2/16/2015		
	Blood Test, Antibodies	3/30/2015	12/12/2015	12/29/2015
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	Electrolyte Panels	3/26/2015		
	EMG (Electromyography)	7/20/2015	8/25/2015	2/1/2016
		2/24/2016	10/11/2016	2/8/2017
	Fasting	12/12/2015	12/29/2015	
	Hip Replacement, Steroid injections	3/3/2016	4/25/2017	
	Intravenous Immunoglobulin (IVIG) treating PPS	3/23/2015		
	Knee Replacement	1/5/2015	10/27/2015	4/25/17
	Local Anesthetic	8/18/2015		
	Post-op Urinary Retention	7/13/2017		
	Red Cell Count	9/20/2017		
	Sedation	4/5/2016		
	Sleep Study	1/10/2017	5/25/2017	
	Spinal Fusion	8/18/2015		
	Stem Cell Therapy	1/31/2015		
	Surgery	2/28/2015	6/15/2015	2/13/2016
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