

Biography of Richard L. Bruno, PhD.

Dr. Bruno, a research and clinical psychophysiological, trained at the New York State Psychiatric Institute, began studying PPS and treating polio survivors in 1982, when he was a fellow in the Department of Rehabilitation Medicine, Columbia University College of Physicians and Surgeons.

In 1984, Bruno organized and is the Chairperson of the International Post-Polio Task Force, which promotes PPS research, education and treatment in 25 countries.

In 1988, he left Columbia and created (and directed) the Post-Polio Rehabilitation and Research Service at Kessler Institute for Rehabilitation, which was the first multidisciplinary treatment center for the study and comprehensive treatment of PPS.

From 1998 until 2010 he directed The Post-Polio Institute treatment center at Englewood Hospital and Medical Center.

Dr. Bruno is now the Director of the International Centre for Polio Education, the new home of the International Post-Polio Task Force. He became well known as the author of *The Polio Paradox*, which is often referred to as “the polio survivor’s Bible”.)

Dr. Bruno's website: <http://postpolioinfo.com/> Dr. Bruno's email: postpolioinfo@aol.com

“Bruno Bytes” – How it all began

“Bruno Bytes” are published monthly, through a combined effort between Dr. Richard L. Bruno, HD, PhD. (biography below) and the Pa. Polio Survivor’s Network. They are answers to questions posted in the “Post-Polio Coffee House” (on Facebook). This partnership began in November, 2014.

From 1988 - 2010, Dr. Bruno was the Director of the first research and comprehensive treatment center for Post-Polio Sequelae. His multidisciplinary program included patients being seen by Dr. Bruno for behavioral psychotherapy, evaluation and treatment by a physiatrist (a rehabilitation physician), a registered dietitian, occupational and physical therapists.

Dr. Bruno is now the Director of the non-profit International Centre for Polio Education (postpolioinfo.com) advocating for and teaching polio survivors and medical professionals around the world about the cause and treatment of PPS.

“Bruno Bytes” help to teach polio survivors, spouses, caregivers and health care professionals about the many and varied topics related to the physical and emotional issues associated with having had polio and managing PPS.

“Bruno Bytes” are for education only and any personal treatment plan must be determined in association with a PPS knowledgeable health care professional.