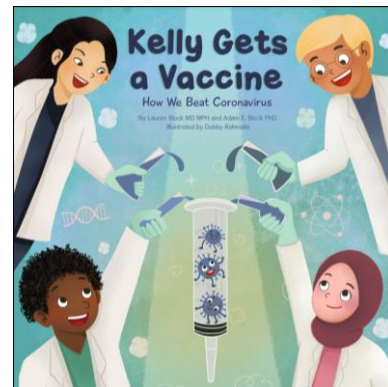


Kelly Gets a Vaccine: How We Beat Coronavirus

A Book Review by Avery and Ariana



Hi everyone! We're back.

We're 9 and 11. We love both reading and science. Today, we read the book *Kelly Gets a Vaccine*, by Lauren Block MD MPH and Adam E. Block PhD. This book is about a little girl named Kelly and her little brother, Joey. It's time for them to get their COVID-19 vaccine and Kelly is ready and willing but Joey is not sure if he wants to get the shot. Their mom is a doctor and tries explaining the science behind vaccines.

This book looks like it's a kids, paperback book. It may be for kids, but it's not an easy book for kids to read. It has a lot of big words and a lot of pages. A few of the big words we had to stop reading and talk about with our Mom are: *asymptomatic*, *eradicated*, *viral vector*, *placebo* and *herd immunity*. Ariana: "I've heard of a few of them and the book does a good job of explaining them. The book also has some good graphs."



Ariana: "The book told me a lot of facts. It reminded me that we all get the same vaccines and that you shouldn't be scared to get them. We get them to protect ourselves and to protect others who cannot get the vaccines."

We learned information, but we don't know if it's stuff that we will remember. Ariana: "The book was so long that I kind of lost focus. I wanted it to be over before it ended. It's definitely not a book I would pick up and read to myself or to a friend."

Learning about vaccines can be fun. We wish we liked this as much as the first two books we read, but it's OK to like some books better than others.

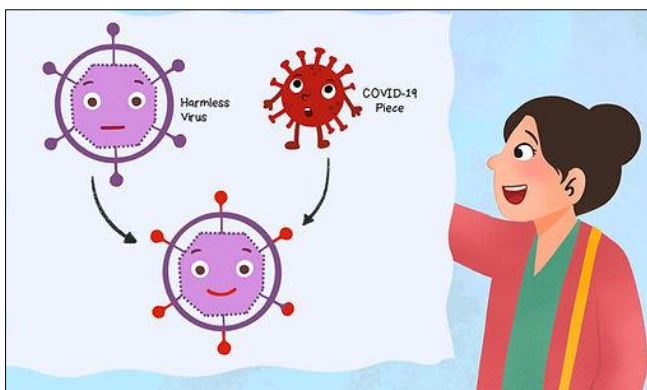
Thanks for reading our review.
Avery & Ariana

Avery and Ariana's "Thumbs Up" reviews* of [Ava the Antibody Explains](#) and [The Polio Pioneer: Jonas Salk and the Polio Vaccine](#) are available on our website and in our August, 2022 and April 2023 newsletters.

Excerpts from "[Kelly Gets a Vaccine](#)"

"How does it work? asks Kelly.

One type of vaccine is called an mRNA vaccine. This is a new kind of vaccine made using a protein that the COVID-19 virus has that people do not have."



"The small piece of virus you are injected with is harmless. It tricks your cells to make the outside coating of the coronavirus without the rest of the virus. Once your body makes the coronavirus protein coating, your immune system can see if any coronavirus enters and has already built an army to attack it."



*Note: These reviews are intended as opinion only and not as professional advice.