

# **Anesthesia Warning !**

## **I am a Polio Survivor**

- **EASILY SEDATED**, and can be difficult to wake
- **Can Have Difficulty BREATHING and SWALLOWING with Anesthesia**
- **HYPERSENSITIVE to PAIN and COLD.**  
May Need heated blanket and increased pain medication post-op.



**Information Available** (scan code):

“Preventing Complications in Polio Survivors Undergoing Surgery”  
“Breathing Outcomes: Post-Poliomyelitis Syndrome (PPS)”

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**I am a Polio Survivor with Post-Polio Sequelae**

**Name** \_\_\_\_\_

**I have these Symptoms** (checked):

- |   |   |
|---|---|
| <input type="checkbox"/> <b>Overwhelming Fatigue</b>  | <input type="checkbox"/> <b>Muscle Weakness</b>           |
| <input type="checkbox"/> <b>Muscle and Joint Pain</b> | <input type="checkbox"/> <b>Sleep Disorders</b>           |
| <input type="checkbox"/> <b>Cold Intolerance</b>      | <input type="checkbox"/> <b>Difficulty Swallowing</b>     |
| <input type="checkbox"/> <b>Difficulty Breathing</b>  | <input type="checkbox"/> <b>Sensitivity to Anesthesia</b> |

**Post-Polio Care Information for Families  
and Health Care Providers**

[www.papolionetwork.org/-anesthesia-warning](http://www.papolionetwork.org/-anesthesia-warning)  
[www.papolionetwork.org/information-for-pps-caregivers-and-providers](http://www.papolionetwork.org/information-for-pps-caregivers-and-providers)