

Anesthesia Warning Cards

Just print, fold and put in your wallet. Use permanent Ink for Name & Symptoms.
www.papolionetwork.org/-anesthesia-warning

Anesthesia Warning !
I am a Polio Survivor

- EASILY SEDATED, and can be difficult to wake
- Can Have Difficulty BREATHING and SWALLOWING with Anesthesia
- HYPERSENSITIVE to PAIN and COLD.
May Need heated blanket and increased pain medication post-op.



Information Available (scan code):
"Preventing Complications in Polio Survivors Undergoing Surgery"
"Breathing Outcomes: Post-Poliomyelitis Syndrome (PPS)"

I am a Polio Survivor with Post-Polio Sequelae

Name _____

I have these Symptoms (checked):

<input type="checkbox"/> Overwhelming Fatigue	<input type="checkbox"/> Muscle Weakness
<input type="checkbox"/> Muscle and Joint Pain	<input type="checkbox"/> Sleep Disorders
<input type="checkbox"/> Cold Intolerance	<input type="checkbox"/> Difficulty Swallowing
<input type="checkbox"/> Difficulty Breathing	<input type="checkbox"/> Sensitivity to Anesthesia

Post-Polio Care Information for Families and Health Care Providers
<http://www.papolionetwork.org/-anesthesia-warning.html>
<http://www.papolionetwork.org/information-for-pps-caregivers-and-providers.html>

With Name and Symptoms noted

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Common Symptoms :

Overwhelming Fatigue	Muscle Weakness
Muscle and Joint Pain	Sleep Disorders
Cold Intolerance	Difficulty Swallowing
Difficulty Breathing	Sensitivity to Anesthesia

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Without Name and Specific Symptoms