

Carol Vandenakker Albanese, MD

Dr. Vandenakker Albanese is a Health Sciences Clinical Professor, the Associate Residency Program Director and Director of Faculty Development in the Department of Physical Medicine and Rehabilitation at the University of California, Davis Medical Center.

She first established a Post-Polio Clinic at the University of Miami in 1993. With her move to Sacramento in 2001, she established and a Post-Polio Clinic at UC Davis Health.

Dr. Vandenakker is board certified in Physical Medicine and Rehabilitation. Her clinical practice encompasses diagnosis and non-operative treatment of spine conditions and post-polio related problems. Her research and publications have focused on exercise, post-polio syndrome, and aging with disability.

She lectures locally, nationally and internationally on issues regarding polio survivors. She serves on the Post-Polio Health International Board of Directors as well as the PHI Medical Advisory Committee.