

Anesthesia Warning Cards

Just print, fold and put in your wallet. Use permanent Ink for Name & Symptoms.
<http://www.papolionetwork.org/-anesthesia-warning.html>

Anesthesia Warning !
I am a Polio Survivor

- EASILY SEDATED, and can be difficult to wake
- Can Have Difficulty BREATHING and SWALLOWING with Anesthesia
- HYPERSENSITIVE to PAIN and COLD. May Need heated blanket and increased pain medication post-op.



Information Available (scan code):
 "Preventing Complications in Polio Survivors Undergoing Surgery"
 "Breathing Outcomes: Post-Poliomyelitis Syndrome(PPS)"

I am a Polio Survivor with Post-Polio Sequelae

Name _____

I have these Symptoms (checked):

<input type="checkbox"/> Overwhelming Fatigue	<input type="checkbox"/> Muscle Weakness
<input type="checkbox"/> Muscle and Joint Pain	<input type="checkbox"/> Sleep Disorders
<input type="checkbox"/> Cold Intolerance	<input type="checkbox"/> Difficulty Swallowing
<input type="checkbox"/> Difficulty Breathing	<input type="checkbox"/> Sensitivity to Anesthesia

Post-Polio Care Information for Families and Health Care Providers
<http://www.papolionetwork.org/-anesthesia-warning.html>
<http://www.papolionetwork.org/information-for-pps-caregivers-and-providers.html>

Scan Code for Smart Phone
With Name and Symptoms noted

Anesthesia Warning !
I am a Polio Survivor

- EASILY SEDATED, and can be difficult to wake
- Can Have Difficulty BREATHING and SWALLOWING with Anesthesia
- HYPERSENSITIVE to PAIN and COLD. May Need heated blanket and increased pain medication post-op.



Information Available (scan code):
 "Preventing Complications in Polio Survivors Undergoing Surgery"
 "Breathing Outcomes: Post-Poliomyelitis Syndrome(PPS)"

I am a Polio Survivor with Post-Polio Sequelae

Common Symptoms :

Overwhelming Fatigue	Muscle Weakness
Muscle and Joint Pain	Sleep Disorders
Cold Intolerance	Difficulty Swallowing
Difficulty Breathing	Sensitivity to Anesthesia

Post-Polio Care Information for Families and Health Care Providers
<http://www.papolionetwork.org/information-for-pps-caregivers-and-providers.html>
<http://www.papolionetwork.org/-anesthesia-warning.html>

Scan Code for Smart Phone
Without Name and Specific Symptoms


Original NJ Card

ANESTHESIA WARNING!
I am a Polio Survivor...

- EASILY SEDATED, difficult to wake;
- Difficulty BREATHING and SWALLOWING with anesthesia;
- HYPERSENSITIVE to PAIN and COLD. Need heated blanket and increased pain medication post-op.

For more information, visit:
http://postpolioinfo.com/lib_surgical.php

C1510



I am a Polio Survivor with Post-Polio Sequelae (PPS)
 unexpected midlife symptoms:

- Overwhelming Fatigue
- Muscle Weakness
- Muscle and Joint Pain
- Sleep Disorders and Cold Intolerance
- Difficulty Swallowing and Breathing
- Heightened Sensitivity to Anesthesia

(over)