

Anesthesia Warning Cards

Just print, fold and put in your wallet. Use permanent Ink for Name & Symptoms.
<http://www.papolionetwork.org/-anesthesia-warning.html>

Anesthesia Warning !

I am a Polio Survivor

- EASILY SEDATED, and can be difficult to wake
- Can Have Difficulty BREATHING and SWALLOWING with Anesthesia
- HYPERSENSITIVE to PAIN and COLD.
May Need heated blanket and increased pain medication post-op.



Information Available (scan code):

“Preventing Complications in Polio Survivors Undergoing Surgery”
“Breathing Outcomes: Post-Poliomyelitis Syndrome(PPS)”

I am a Polio Survivor with Post-Polio Sequelae

Name _____

I have these Symptoms (checked):

- | | |
|--|--|
| <input type="checkbox"/> Overwhelming Fatigue | <input type="checkbox"/> Muscle Weakness |
| <input type="checkbox"/> Muscle and Joint Pain | <input type="checkbox"/> Sleep Disorders |
| <input type="checkbox"/> Cold Intolerance | <input type="checkbox"/> Difficulty Swallowing |
| <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Sensitivity to Anesthesia |

Post-Polio Care Information for Families
and Health Care Providers

<http://www.papolionetwork.org/-anesthesia-warning.html>
<http://www.papolionetwork.org/information-for-pps-caregivers-and-providers.html>

Scan Code for Smart Phone
With Name and Symptoms noted

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I am a Polio Survivor with Post-Polio Sequelae Common Symptoms :

- | | |
|-----------------------|---------------------------|
| Overwhelming Fatigue | Muscle Weakness |
| Muscle and Joint Pain | Sleep Disorders |
| Cold Intolerance | Difficulty Swallowing |
| Difficulty Breathing | Sensitivity to Anesthesia |

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Without Name and Specific Symptoms